



**KINGS  
BRIDGE**  
*Private  
Hospital*  
★★★★★

# Total Body MRI

## At Kingsbridge Private Hospital



## Total Body MRI

Total body MRI is a safe, painless, comprehensive screening technique used worldwide. Kingsbridge Private Hospital is the only company to offer this service in Northern Ireland.

Total body imaging looks closely at your brain, spine, abdomen and pelvis. Taking in all the major blood vessels and soft tissue anatomy in outstanding detail.

## Why MRI?

MRI (Magnetic Resonance Imaging) uses a strong magnetic field and radio frequency bursts to create detailed thin slice images throughout the body in multiple directions. The images are all created by using the naturally occurring water content of our bodies so after the MRI you will have no side effects and can go about your day as normal.

Unlike CT or X-ray, MRI does not use potentially harmful radiation to create the images, so there are no unwanted after effects; such as increased cancer risks, later in life.

## Booking your Total Body MRI

Total Body MRI screening can be booked directly by the patient; no referral from a consultant or your own GP is required. At Kingsbridge Private Hospital we organise everything from the initial consultation to the results. All inclusive of the total price.

Total body scans are available within one week of your enquiry, if not sooner! After booking you will receive a phone call at a time that suits from one of our friendly GPs to discuss some medical history. From this you will arrive on the day of your scan to meet face to face with the same GP for a consultation where they can answer any other questions you may have – here you can also select an additional body area, such as a wrist or knee, to be scanned in the finest detail with dedicated equipment. After this consultation is complete and your questions have been answered, you will head to our MRI suite where our radiographers will meet you and prepare you for the scan.

During the scan you can lay back, relax and listen to music of your choice. Our radiographers will be in constant contact, to ensure your wellbeing while they perform the scan. In 90 minutes all will be complete and you can be on your way home.

The images are then assessed by one of our Consultant Radiologists and the results presented to you within the next week by your personally assigned Kingsbridge Private Hospital GP.

## Equipment

Our brand new 1.5T Philips Ingenia MRI scanner is currently one of the most advanced clinical units in the UK and Ireland. The 70cm wide bore and Xtend design allows an ultra-compact bore length, a wider bore for all patients, and still the best in class magnetic homogeneity, allowing exceptional imaging quality.

With dS-Sense parallel imaging and Omega R5 Gradients imaging is faster, quieter and of the highest diagnostic standards. All this plus the addition of in room ambient lighting, selected by you, and a choice of feet first or head first imaging for most applications allows for the highest level of comfort while you can still be rest assured of world class image quality.

Clinically all of our coils incorporate Philips-exclusive direct digital technology; allowing higher resolutions while maintaining crystal clear images. Our head and spine coil also has the unique ability to tilt allowing maximum comfort for those with kyphosis and those unable to lay flat.



## Total Body MRI £1,600

Each area scanned is detailed below:

### MRI Brain

- ✓ Detection of tumours
- ✓ Detection of haemorrhage
- ✓ Structural abnormality assessment
- ✓ Assessment of sinuses

### MRI Spine

- ✓ Thoracic Spine
- ✓ Lumbar Spine
- ✓ Cervical Spine

### MRI Abdomen

- ✓ Liver, Gall Bladder, Kidneys, Spleen and Pancreas
- ✓ Abdominal Aorta assessment for aneurysm
- ✓ Detection of enlarged lymph nodes in abdomen
- ✓ Retro-peritoneum presence of pathology

### MRI Pelvis

- ✓ Pelvic organs abnormality
- ✓ Uterus, cervix and ovaries assessment for lesions
- ✓ Detection of fibroids, adenomyosis and ovarian cysts
- ✓ Prostate assessment
- ✓ Rectum and colon assessment for diverticular disease
- ✓ Outline of back, pelvis and hips
- ✓ Lymph nodes along pelvic sidewalls
- ✓ Detection of prolapsed bladder

**+1 additional area of choice** - £1,900 should patient express concern about an area of the body not covered they can elect to have an additional area scanned at additional cost.

## Total Body+ MRI £2,500

Full Platinum Health Screen combined with Total Body MRI to give patients an in-depth overview of general health.

This package will take approximately 4 hours and patients will return for an hour review with a 3fivetwo Group GP and Radiographer.

### MRI

- ✓ Brain
- ✓ Spine
- ✓ Abdomen
- ✓ Pelvis

### Health Review

- ✓ Physical Exam
- ✓ Cardiovascular
- ✓ Respiratory
- ✓ Abdominal
- ✓ Skin
- ✓ Central Nervous System
- ✓ Test Result Review - 1 week later
- ✓ Lifestyle Consult
- ✓ Health Action Plan

### Body Composition

- ✓ Height and Weight
- ✓ BMI
- ✓ Body Fat Percentage
- ✓ Waist to Height Ratio

### Heart and Lung

- ✓ BP and Pulse
- ✓ ECG
- ✓ Coronary Heart Disease Risk Score
- ✓ Lung Function
- ✓ Chest X-Ray if indicated
- ✓ Zensor Monitoring

### Flood and Urine

- ✓ Full Lipid Profile (cholesterol)
- ✓ Diabetes Test
- ✓ Urinalysis
- ✓ Biochemistry
- ✓ Full Blood Count
- ✓ Thyroid Function Test
- ✓ Gout Check
- ✓ Blood in Stool (bowel cancer)

### Female Specific

- ✓ Breast Check
- ✓ Breast Advice
- ✓ Pelvic Exam
- ✓ Smear Test

### Male Specific

- ✓ Testicular Check
- ✓ Testicular Advice
- ✓ PSA

### Sensory Tests

- ✓ Eye Test
- ✓ 4D Eye Scan
- ✓ Sleep Initial Assessment STOPBANG
- ✓ Full sleep assessment at extra cost

## Want to find out more?

If you would like more information or would like to book your health screen, please contact our ONE2ONE team on **028 9068 8886** or email [one2one@3fivetwo.com](mailto:one2one@3fivetwo.com)



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